

Sussex Schools Swimming Association

Secondary Schools Relays - East Sussex

Wednesday 23rd September 2026

Pavilions in the Park, Horsham @ 1200

Sussex Schools Swimming Association is affiliated to the South-East Schools Swimming Association.

The event will be swum under ESSA Technical Rules of Swimming

IMPORTANT information:

This gala is run without marshalling of swimmers for each heat.

It is **ESSENTIAL** that schools ensure that their swimmers are ready at the starting end **BEFORE** the end of the previous heat. If they are not in position we will not have time to wait for them and they will **MISS their swim**. [If time allows any missed swims may be added at the end of the gala but this is not guaranteed]

At the end of their swim the last swimmer should remain in their lane holding the lane rope until asked to clear by the referee. Other swimmers should leave the pool to the side

Event 1 Senior Girls 4x50m Freestyle Relay

Heat 1

3		3	
4 Bohunt Horsham	_____	4	_____
5 Roedean School	_____	5	_____
6 Oathall Community College	_____	6	_____

Event 3 Senior Mixed 4x50m Freestyle Relay

Heat 1

3 Eastbourne College B	_____
4 St Oscar Romero Catholic School B	_____
5 Brighton College	_____
6 Steyning Grammar School	_____

Heat 2

3 Battle Abbey School	_____
4 Eastbourne College	_____
5 St Philip Howard Catholic School	_____
6 Lancing College	_____

Event 4 Intermediate Girls 4x50m Freestyle Relay

Heat 1

3	
4 Oathall Community College B	_____
5 Eastbourne College	_____
6 Oathall Community College	_____

Heat 2

3	
4 Davison High School for Girls	_____
5 Roedean School	_____
6 Lancing College	_____

Event 5 Intermediate Boys 4x50m Freestyle Relay

Heat 1

3 Tanbridge House School B	_____
4 The Cavendish School	_____
5 Eastbourne College	_____
6 Lancing College	_____

3	
4	_____
5	_____
6	_____

Event 6 Intermediate Mixed 4x50m Freestyle Relay

Heat 1

3	
4 St Philip Howard Catholic School B	_____
5 Tanbridge House School	_____
6 St Philip Howard Catholic School	_____

Heat 2

3	
4 Steyning Grammar School	_____
5 Brighton College	_____
6 Bohunt Horsham	_____

Event 7 Junior Girls 4x50m Freestyle Relay

Heat 1

3 The Cavendish School B	_____
4 Tanbridge House School	_____
5 Oathall Community College	_____
6 Davison High School for Girls	_____

3	
4	_____
5	_____
6	_____

Event 8 Junior Boys 4x50m Freestyle Relay

Heat 1

3	
4 St. Paul's Catholic College	_____
5 Tanbridge House School	_____
6	_____

3	
4	_____
5	_____
6	_____

Event 9 Junior Mixed 4x50m Freestyle Relay

Heat 1

3	Oathall Community College B	_____
4	Steyning Grammar School	_____
5	St Philip Howard Catholic School	_____
6	St Oscar Romero Catholic School	_____

Heat 2

3	Brighton College	_____
4	Bohunt Horsham	_____
5	Battle Abbey School	_____
6	The Cavendish School	_____

Event 10 Senior Girls 4x50m Medley Relay

Heat 1

3		_____
4	Oathall Community College	_____
5	Bohunt Horsham	_____
6	Roedean School	_____

3		_____
4		_____
5		_____
6		_____

Event 12 Senior Mixed 4x50m Medley Relay

Heat 1

3	Eastbourne College B	_____
4	St Oscar Romero Catholic School B	_____
5	Eastbourne College	_____
6	Lancing College	_____

Heat 2

3	Battle Abbey School	_____
4	St Philip Howard Catholic School	_____
5	Steyning Grammar School	_____
6	Brighton College	_____

Event 13 Intermediate Girls 4x50m Medley Relay

Heat 1

3		_____
4	Oathall Community College B	_____
5	Eastbourne College	_____
6	Oathall Community College	_____

Heat 2

3		_____
4	Roedean School	_____
5	Lancing College	_____
6	Davison High School for Girls	_____

Event 14 Intermediate Boys 4x50m Medley Relay

Heat 1

3	Tanbridge House School B	_____
4	Lancing College	_____
5	Eastbourne College	_____
6	The Cavendish School	_____

3		_____
4		_____
5		_____
6		_____

Event 15 Intermediate Mixed 4x50m Medley Relay

Heat 1

3		_____
4	St Philip Howard Catholic School B	_____
5	Bohunt Horsham	_____
6	Steyning Grammar School	_____

Heat 2

3		_____
4	Brighton College	_____
5	St Philip Howard Catholic School	_____
6	Tanbridge House School	_____

Event 16 Junior Girls 4x50m Medley Relay

Heat 1

3	The Cavendish School B	_____
4	Oathall Community College	_____
5	Davison High School for Girls	_____
6	Tanbridge House School	_____

3		_____
4		_____
5		_____
6		_____

Event 17 Junior Boys 4x50m Medley Relay

Heat 1

3		_____
4	St. Paul's Catholic College	_____
5	Tanbridge House School	_____
6		_____

3		_____
4		_____
5		_____
6		_____

Event 18 Junior Mixed 4x50m Medley Relay

Heat 1

3	Oathall Community College B	_____
4	Brighton College	_____
5	St Philip Howard Catholic School	_____
6	The Cavendish School	_____

Heat 2

3	Steyning Grammar School	_____
4	St Oscar Romero Catholic School	_____
5	Bohunt Horsham	_____
6	Battle Abbey School	_____