



**ESSA Oxfordshire Schools: Daniel Mason, Abingdon School, Oxfordshire, OX14 1DE**  
**Tel: 01235 849087 Email: daniel.mason@abingdon.org.uk**

Sept 2025

Dear Head of Sport / Head of PE,

I trust this finds you well & apologies for the late communication. I am pleased to announce that entries are now being accepted for the **14<sup>th</sup> Oxfordshire Secondary School's Relay** competition that acts as entry into the **67<sup>th</sup> ESSA Secondary Schools Relay competition**.

This is a competition for three age groups, Junior (Yrs 7 and 8), Intermediate (Yrs 9 and 10) and Senior (Yrs.11, 12 and 13).

I would like to offer your school the opportunity to compete in this years' competition. All events are 4 x 50m Freestyle and Medley Relays for both boys and girls, there are also mixed relays this year and the competition regulations can be found on the ESSA website via the following link: (<http://essa-schoolswimming.com/index.php/events/secondary-team-championships>)

**The County round is taking place on Friday 26th September 2025 at Abingdon School, with a 2.00pm warm up and 2.30pm start. Depending on the number of entries, to reduce the number of people on poolside the male and female events may be split with the female events first, followed by the male events. This will be confirmed in later correspondence.**

The event is effectively a time trial, with all the results being forwarded to the national organiser and the top 30 schools in the country being invited to swim in the national finals. However, depending on the size of the final venue and lanes available, only the top 24 will qualify. The date of the finals will be 15<sup>th</sup> November 2025.

Please note that ages are evaluated from age of birth, so for senior age groups the year group is often for reference only, date of birth is most important.

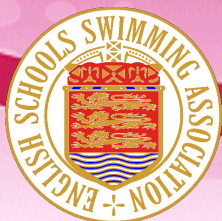
If you wish to enter your school into this competition please fill out and return the entry form by email ([daniel.mason@abingdon.org.uk](mailto:daniel.mason@abingdon.org.uk)). **Entries will close on Friday 5th September at 5.00pm.** All schools will be emailed final details over the following weeks. **Like previous years I am afraid that we will only be accepting 'A team' entries.**

In addition to this letter, please also find attached an entry form. There is a £5 Divisional entry fee per race (eg Junior Boys = £10.00 for both relays) (Payable to ESSA South East Division), which covers the teams affiliation (inc. insurance) and administrative costs for the event. Fees are payable with a bank transfer to the ESSA south east account, please let me know if you need this information.

Further details can be found on the ESSA Website: <http://www.essa-schoolswimming.com/>

Finally thank you for your support over the past six years, and we look forward to welcoming you to Abingdon School again for the 2025 event.

Yours sincerely  
Dan Mason



**67th ESSA SECONDARY SCHOOLS' RELAYS 2025-2026**

SCHOOL:	
SCHOOL ADDRESS:	
	Teacher in charge on poolside:
	School telephone number:
	Teacher's email address:
POST CODE:	

The above school wishes to compete in the Divisional Round of the National Swimming Championships for SECONDARY SCHOOLS' 2025-2026 and agrees to abide by the regulations controlling this event.

NAME OF HELPER IF REQUIRED:	DO YOU HAVE AN ASA QUALIFIED OFFICIAL WILLING TO OFFICIATE AT THIS EVENT? YES/NO IF YES: Referee/Judge/Timekeeper NAME TEL NO.	
EVENTS ENTERED (Please tick relevant box)	GIRLS FREESTYLE	GIRLS MEDLEY
<b>JUNIOR:</b> (b. 01/09/2014 - 31/08/2012) Years 7/8 Only		
<b>INTERMEDIATE</b> (b. 01/09/2012 - 31/08/2010) Years 9/10 Only		
<b>SENIOR:</b> (b. 01/09/2009 - 31/08/2007) Years 11/12/13 Only (note 3 year age range)		
	BOYS FREESTYLE	BOYS MEDLEY
		Mixed relay

\*AGES ARE EVALUATED AS AT MIDNIGHT ON 31st August/1st September at the start of the academic year of the competition

**AFFILIATION FEE & ENTRY FEE: £5 per boys/girls age group/event**  
Please use BACS payment as detailed in bottom right box!

**Headteacher or Deputy Head are aware of school entry**

**YES / NO**     *\*Please delete as appropriate*

**RETURN THIS FORM BY email**  
[daniel.mason@abingdon.org.uk](mailto:daniel.mason@abingdon.org.uk)  
**Entry fee payable by BACS:**  
Sort Code 30-80-33  
Account number 25202868  
SE Schools Swimming

**Date of Divisional Round**  
Friday 26 September 2025  
Abingdon School 2.00 pm warm up