

Sussex Schools Swimming Association

Secondary Schools Relays - East Sussex

Wednesday 1st October 2025

Pavilions in the Park, Horsham @ 1200

Sussex Schools Swimming Association is affiliated to the South-East Schools Swimming Association.
The event will be swum under ESSA Technical Rules of Swimming

IMPORTANT information:

This gala is run without marshalling of swimmers for each heat.

It is ESSENTIAL that schools ensure that their swimmers are ready at the starting end BEFORE the end of the previous heat. If they are not in position we will not have time to wait for them and they will **MISS their swim. [If time allows any missed swims may be added at the end of the gala but this is not guaranteed]**

At the end of their swim the last swimmer should remain in their lane holding the lane rope until asked to clear by the referee. Other swimmers should leave the pool to the side

Event 1 Senior Girls 4x50m Freestyle Relay

Heat 1

1	_____
2 Bishop Luffa B	_____
3 Imberhorne	_____
4 Heathfield Community College	_____
5 Davison High School	_____
6 Ardingly College	_____
7 Cardinal newman	_____
8 Collyer's College	_____

Heat 2

1	_____
2 Cardinal newman B	_____
3 St Catherine's Bramley	_____
4 Sackville School	_____
5 Steyning Grammar School	_____
6 Eastbourne College	_____
7 Roedean School	_____
8 Hurst College	_____

Event 2 Intermediate Girls 4x50m Freestyle Relay

Heat 1

1 Millais Secondary School B	_____
2 Sackville School	_____
3 Steyning Grammar School	_____
4 St Catherine's Bramley	_____
5 Hurst College	_____
6 Shoreham Academy	_____
7 Davison High School	_____
8 Heathfield Community College	_____

Heat 2

1 Patcham High School	_____
2 Cardinal newman	_____
3 Eastbourne College	_____
4 Bishop Luffa	_____
5 Imberhorne	_____
6 Millais Secondary School	_____
7 Ark Alexandra Academy	_____
8 Roedean School	_____

Event 3 Junior Girls 4x50m Freestyle Relay

Heat 1

1	_____
2 Davison High School	_____
3 Bishop Luffa	_____
4 Sackville School	_____
5 St Richard's Catholic College	_____
6 Ark Alexandra Academy	_____
7 Millais Secondary School	_____
8 Windlesham House school	_____

Heat 2

1 Roedean School	_____
2 Patcham High School	_____
3 Shoreham Academy	_____
4 Imberhorne	_____
5 Heathfield Community College	_____
6 Cardinal newman	_____
7 Hurst College	_____
8 Steyning Grammar School	_____

Event 4 Senior Girls 4x50m Medley Relay

Heat 1

- 1 _____
- 2 Bishop Luffa B _____
- 3 Heathfield Community College _____
- 4 Ardingly College _____
- 5 Roedean School _____
- 6 Steyning Grammar School _____
- 7 Cardinal newman _____
- 8 Eastbourne College _____

Heat 2

- 1 _____
- 2 Cardinal newman B _____
- 3 Davison High School _____
- 4 Hurst College _____
- 5 Sackville School _____
- 6 St Catherine's Bramley _____
- 7 Collyer's College _____
- 8 Imberhorne _____

Event 5 Intermediate Girls 4x50m Medley Relay

Heat 1

- 1 Millais Secondary School B _____
- 2 Steyning Grammar School _____
- 3 Eastbourne College _____
- 4 Sackville School _____
- 5 Hurst College _____
- 6 Imberhorne _____
- 7 Ark Alexandra Academy _____
- 8 Millais Secondary School _____

Heat 2

- 1 Shoreham Academy _____
- 2 Roedean School _____
- 3 St Catherine's Bramley _____
- 4 Patcham High School _____
- 5 Davison High School _____
- 6 Cardinal newman _____
- 7 Heathfield Community College _____
- 8 Bishop Luffa _____

Event 6 Junior Girls 4x50m Medley Relay

Heat 1

- 1 _____
- 2 St Richard's Catholic College _____
- 3 Roedean School _____
- 4 Millais Secondary School _____
- 5 Hurst College _____
- 6 Steyning Grammar School _____
- 7 Ark Alexandra Academy _____
- 8 Shoreham Academy _____

Heat 2

- 1 Cardinal newman _____
- 2 Windlesham House school _____
- 3 Heathfield Community College _____
- 4 Bishop Luffa _____
- 5 Sackville School _____
- 6 Davison High School _____
- 7 Imberhorne _____
- 8 Patcham High School _____

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Event 7 Senior Boys 4x50m Freestyle Relay

Heat 1

1	_____
2	_____
3 Cardinal newman B	_____
4 Eastbourne College	_____
5 Bedes	_____
6 Ardingly College	_____
7 Steyning Grammar School	_____
8	_____

Heat 2

1	_____
2	_____
3 Ardingly College B	_____
4 Sackville School	_____
5 Bishop Luffa	_____
6 Hurst College	_____
7 Cardinal newman	_____
8	_____

Event 8 Intermediate Boys 4x50m Freestyle Relay

Heat 1

1	_____
2	_____
3 Sackville School	_____
4 Eastbourne College	_____
5 Bishop Luffa	_____
6 Imberhorne	_____
7 Beacon Academy	_____
8	_____

Heat 2

1	_____
2	_____
3 Steyning Grammar School	_____
4 Hurst College	_____
5 Cardinal newman	_____
6 Shoreham Academy	_____
7 Bedes	_____
8	_____

Event 9 Junior Boys 4x50m Freestyle Relay

Heat 1

1	_____
2 Imberhorne	_____
3 Steyning Grammar School	_____
4 St Paul's Catholic College	_____
5 Bishop Luffa	_____
6 Hurst College	_____
7 Windlesham House school	_____
8	_____

Heat 2

1	_____
2 Shoreham Academy	_____
3 Heathfield Community College	_____
4 Beacon Academy	_____
5 St Richard's Catholic College	_____
6 Cardinal newman	_____
7 Sackville School	_____
8 Steyning Grammar School B	_____

Event 10 Senior Boys 4x50m Medley Relay

Heat 1

- 1 _____
- 2 _____
- 3 Cardinal newman B _____
- 4 Ardingly College B _____
- 5 Hurst College _____
- 6 Eastbourne College _____
- 7 Cardinal newman _____
- 8 _____

Heat 2

- 1 _____
- 2 _____
- 3 Bedes _____
- 4 Ardingly College _____
- 5 Steyning Grammar School _____
- 6 Sackville School _____
- 7 Bishop Luffa _____
- 8 _____

Event 11 Intermediate Boys 4x50m Medley Relay

Heat 1

- 1 _____
- 2 _____
- 3 Bedes _____
- 4 Eastbourne College _____
- 5 Imberhorne _____
- 6 Beacon Academy _____
- 7 Hurst College _____
- 8 _____

Heat 2

- 1 _____
- 2 _____
- 3 Cardinal newman _____
- 4 Bishop Luffa _____
- 5 Steyning Grammar School _____
- 6 Sackville School _____
- 7 Shoreham Academy _____
- 8 _____

Event 12 Junior Boys 4x50m Medley Relay

Heat 1

- 1 _____
- 2 St Richard's Catholic College _____
- 3 Imberhorne _____
- 4 Beacon Academy _____
- 5 Steyning Grammar School _____
- 6 Cardinal newman _____
- 7 Windlesham House school _____
- 8 _____

Heat 2

- 1 _____
- 2 Bishop Luffa _____
- 3 Hurst College _____
- 4 Shoreham Academy _____
- 5 St Paul's Catholic College _____
- 6 Heathfield Community College _____
- 7 Sackville School _____
- 8 Steyning Grammar School B _____