



ESSA Hampshire Schools: Mrs Gill Cooper
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6th February 2025

Dear teacher in charge of swimming

Hampshire Schools Swimming is now accepting entries for the ESSA National Primary School Relay competition for 2024/25

This is a competition for a combined team from Year 5 and Year 6 pupils. I would like to offer your school the opportunity to compete in this years' competition for your school / club swimmers in your school. All events are

4 x 25m Freestyle and Mixed Stroke Relays. There are four sections depending on your year group size.

- If you have combined total of less than 61 pupils in Yr 5 and Yr 6 then you can enter the small schools section, or the OPEN category (see below).
- If you have a combined total of less than 101 and more than 60 in Yr 5 and Yr 6 then you can enter the medium schools section, or the OPEN category (see below).
- Small and medium school teams can be any combination of boys and girls (4 girls, 4 boys or any mix of 4).
- If you have a combined total of more than 100 Yr 5 and Yr 6 boys and girls, you may enter in the OPEN category and swim the girls and boys separately. This option is also available for small/medium school as an alternative.
- All sections have a 4 x 25m Freestyle Relay and a 4 x 25m Mixed Stroke Relay. The competition regulations are available on the ESSA website (www.southeastsschoolswimming.org.uk) .
- All swimmers must be totally confident in deep water.

The Hampshire County Round is taking place on Thursday 20th March 2025 at Horizon Waterlooville Leisure Centre, Waterberry Drive, PO7 7UW. Entry will be from 12noon with a 12.30pm warm up and 1.00pm start. The event should be over by 3.00pm.

If you wish to enter your school into this year's competition, please fill out and submit the on-line entry form available at (<https://forms.office.com/e/EqF2wsKHw4>) by Saturday 8th March. There is a £15.00 Entry Fee per relay team (which includes both Freestyle and Medley) which covers affiliation and administrative costs for the event. Payment details are explained on the entry form.

All correspondence once entries are complete will be via the website and by email

The top two schools from the County round will qualify for the SE Regional Final (Saturday 10th May at Spectrum Pool, Guildford) plus some fastest runners-up spots as well on time rankings from the SE galas. The top three schools in the SE Division will qualify for the National Finals being held in Sheffield in June.

Schools that are selected for the final will be notified as soon as possible after the qualifying round and will be posted on the South East Schools web site, <http://www.southeastsschoolswimming.org.uk> .

I look forward to receiving your entry form and if you have any further queries, please do email me.

Yours sincerely

Gill Cooper