

Sussex Schools Swimming Association

Primary Schools Relays

Wednesday 12th March 2025

Pavilions in the Park, Horsham @ 1300

Sussex Schools Swimming Association is affiliated to the South-East Schools Swimming Association.
The event will be swum under ESSA Trechnical Rules of Swimming

Event 1

Open Boys 4x25m Medley Relay

Back | Breast | Fly or Breast | Freestyle

Heat 1	
1	
2	
3	Hazelwood School
4	St Mary's CofE Primary
5	Summerlea CP
6	Telscombe Cliffs
7	
8	

Heat 2	
1	
2	
3	St Joseph's Catholic
4	Cumnor House Sussex
5	Vale School
6	St Lawrence CEP
7	
8	

Event 2

Medium Mixed 4x25m Medley Relay

Back | Breast | Fly or Breast | Freestyle

Heat 1	
1	
2	
3	Ardingly College B
4	Ardingly College B
5	Brighton College Prep C
6	Brighton College Prep C
7	
8	

Heat 2	
1	
2	
3	Ardingly College
4	Hurst College
5	Brighton College Prep
6	Windlesham House
7	
8	

Event 3

Open Girls 4x25m Medley Relay

Back | Breast | Fly or Breast | Freestyle

Heat 1	
1	
2	
3	Vale School
4	St Joseph's Catholic Primary
5	Hazelwood School
6	St Mary's CofE Primary
7	St Lawrence CEP
8	

Heat 2	
1	
2	
3	Summerlea CP School
4	Maidenbower Junior
5	Cumnor House
6	Telscombe Cliffs
7	
8	

Event 4

Small Mixed 4x25m Medley Relay

Back | Breast | Any Stroke | Freestyle

Heat 1	
1	
2	
3	Claremont Independent B
4	Battle Abbey Prep B
5	Ashurst CE Aided Primary
6	Shoreham Beach Primary
7	
8	

Heat 2	
1	
2	
3	
4	Claremont Independent
5	Great Walstead
6	Battle Abbey Prep
7	
8	

Event 5 Open Boys 4x25m Freestyle Relay

Heat 1

1	
2	
3 Telscombe Cliffs	
4 Summerlea CP	
5 St Joseph's Catholic	
6 St Mary's CofE Primary	
7	
8	

Heat 2

1	
2	
3 Cumnor House	
4 Hazelwood School	
5 St Lawrence CEP	
6 Vale School	
7	
8	

Event 6 Medium Mixed 4x25m Freestyle Relay

Heat 1

1	
2	
3 Ardingly College B	
4 Ardingly College B	
5 Brighton College Prep C	
6 Brighton College Prep C	
7	
8	

Heat 2

1	
2	
3 Hurst College	
4 Brighton College Prep	
5 Windlesham House	
6 Ardingly College	
7	
8	

Event 7 Open Girls 4x25m Freestyle Relay

Heat 1

1	0	
2		
3 Hazelwood School		
4 Summerlea CP		
5 Telscombe Cliffs		
6 St Lawrence CEP		
7 Vale School		
8	0	

Heat 2

1	0	
2		
3 St Joseph's Catholic		
4 Cumnor House		
5 Maidenbower Junior		
6 St Mary's CofE Primary		
7		
8	0	

Event 8 Small Mixed 4x25m Freestyle Relay

Heat 1

1	0	
2		
3 Claremont Independent B		
4 Battle Abbey Prep B		
5 Great Walstead		
6 Ashurst CE Aided Primary		
7		
8	0	

Heat 2

1	0	
2		
3		
4 Claremont Independent		
5 Shoreham Beach Primary		
6 Battle Abbey Prep		
7		
8	0	

IMPORTANT information:

This gala is run without marshalling of swimmers for each heat.

It is ESSENTIAL that schools ensure that their swimmers are ready at the starting end BEFORE the end of the previous heat. If they are not in position we will not have time to wait for them and they will **MISS their swim. [If time allows any missed swims may be added at the end of the gala but this is not guaranteed]**

At the end of their swim the last swimmer should remain in their lane holding the lane rope until asked to clear by the referee. Other swimmers should leave the pool to the side